

## **Katerina Argyropoulou**

### **Associate Professor**

Department of Educational Studies  
with cognitive subject

### **«Career Guidance and Career Decision Making»**

**Director of Laboratory of Counseling Science and Vocational Career**

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APELLA CODE: APP 11696

### **Studies:**

- Bachelor Degree from the Pedagogical Department of Primary Education, School of Education (NKUA)
- MSc in Counseling and Career Guidance (2000, NKUA)
- PhD in Counseling and Career Guidance (dissertation title: "*The role of self-efficacy in career decision-making of Lyceum students*", 2004, NKUA)

### **Main scientific / research interests:**

- Career Counseling and Career Guidance
- Career Decision Making
- Meta-capacities and career skills
- Life-design and career- and self-management models
- Reflexivity and Narrative Techniques in Career Counseling
- Career testing (Psychometric Tools in Career Development and Career Design)
- Synergy of quantitative qualitative methods in the Practical Application of Career Guidance
- Sustainable Career Development

### **Teaching during the current period:**

#### **(a) undergraduate level:**

- Career Guidance and Career Decision Making
- Career Planning and Skills Development in the Modern Educational Environment
- Career Decision Making: Skills Development and Counselling Intervention for Adolescents and Young People
- Career Counseling and Career Guidance-Applications

#### **(b) postgraduate level:**

- "Theories and Metatheories of Career Development" in *Postgraduate Programme Counseling, Career Guidance and Lifelong Learning* (NKUA)
- "Career Design or Redesign and Lifelong Counseling in *Postgraduate Programme Counseling, Career Guidance and Lifelong Learning* (NKUA)
- "Quantitative and Qualitative Evaluation's Methods of Career Guidance" in *Postgraduate Programme Counseling, Career Guidance and Lifelong Learning* (NKUA)

### **Participation in research programs (recent and in progress):**

- 🇪🇺 **2020–2021:** Career Competences Framework in the framework of EUROGUIDANCE (Erasmus+ Programme of the European Union)
- 🇪🇺 **2019- 2021:** Scientific Responsible for the action "Career guidance and career counseling for the beneficiaries of EXELIXI ZOIS (Life Evolution)" (Stavros Niarchos Foundation (SNF)
- 🇪🇺 **2020 - 2021:** "Education of Roma children". Programme of the European Union. NSRF 2014 – 2020.
- 🇪🇺 **2016:** *ATTICA BROADCASTING ACTIVITIES*, Action: "Career Counselling", NKUA & Ministry of Labour

## Selected Publications:

1. **Argyropoulou, K.**, Kaliris, A., Charokopaki, A. Katsioulas P. (2021). Coping with career indecision: the role of courage and future orientation in secondary education students from Greek provincial cities. *International Journal for Educational and Vocational Guidance*. Advance Online Publication. <https://doi.org/10.1007/s10775-021-09465-4>.
2. **Argyropoulou, K.**, Antoniou, A.S., Mouratoglou, N., Charokopaki, A. & Mikedaki, K. (2020). Psychometric Properties of the Life Project Reflexivity Scale in Greek University Students. *Counseling, Italian Journal of Research and Intervention*, 13(1), 4-20. <https://doi.org/10.14605/CS1312001>
3. **Argyropoulou, K.**, Mouratoglou, N., Antoniou, A.S., Mikedaki, K. & Charokopaki, A. (2020). Promoting Career Counselors' Sustainable Career Development through the Group-based Life Construction Dialogue Intervention: "Constructing My Future Purposeful Life". *Sustainability*, 12, 3645; <https://doi.org/10.3390/su12093645>
4. **Argyropoulou, K.**, Mouratoglou, N., Mikedaki K., Kaliris, A., Papatheodorou, S. (2020). Training Career Counselors in Contemporary Narrative Approaches: Concerns and Future Directions. In *Career Guidance for Inclusive Society: Conference Proceedings from the 2019 Conference of the International Association for Educational and Vocational Guidance (IAEVG)*. Slovakia: Združenie pre kariérové poradenstvo a rozvoj kariéry (Δημοσίευση σε e-book), pp. 16-31  
[https://www.researchgate.net/publication/338544376\\_Training\\_Career\\_Counselors\\_in\\_Contemporary\\_Narrative\\_Approaches\\_Concerns\\_and\\_Future\\_Directions](https://www.researchgate.net/publication/338544376_Training_Career_Counselors_in_Contemporary_Narrative_Approaches_Concerns_and_Future_Directions)
5. Charokopaki, A., & **Argyropoulou, K.** (2019). Optimism, Career Decision Self-Efficacy and Career Indecision among Greek Adolescents. *Education Quarterly Reviews*, 2(1) 185-197. <https://doi.org/10.31014/aior.1993.02.01.52>
6. **Argyropoulou, K.**, & Kaliris, A. (2018). From career decision-making to career decision-management: New trends and prospects for career counseling. *Advances in Social Sciences Research Journal*, 5(10), 483-502.26. <https://doi.org/10.14738/assrj.510.5406>
7. Shiaelis, M., & **Argyropoulou, K.** (2018). The effect of Involvement with Job Crafting in Perceived Self-efficacy in Career. *International Journal of Academic Research in Education and Review*, 6(4), 63-72. <https://doi.org/10.14662/IJARER2018.050>
8. Sidiropoulou-Dimakakou, D., Mikedaki, K., **Argyropoulou, K.**, & Kaliris, A. (2018). A Psychometric Analysis of the Greek Career Adapt-Abilities Scale in University Students. *International Journal of Psychological Studies*, 10(3), 95-108. <https://doi.org/10.5539/ijps.v10n3p95>
9. **Argyropoulou, K.**, Tsikoura, I., Kaliris, A. (2017). Career management skills of students in general and vocational upper-secondary schools in Greece: Career adaptability and self-efficacy in career planning. *Baltic Journal of Career Education and Management*, 5(1), 7-21. doi: <https://doi.org/10.33225/bjcem/17.5.07>
10. Sidiropoulou-Dimakakou, D., **Argyropoulou, K.**, Drosos, N., Kaliris, A., Mikedaki, K. (2015). Exploring Career Management Skills in Higher Education: Perceived Self-efficacy in Career, Career Adaptability and Career Resilience in Greek University Students. *International Journal of Learning, Teaching and Educational Research*, 14(2), 36-52. <https://www.ijlter.org/index.php/ijlter/article/view/526>

## Detailed CV

[https://uoacounselinglab.weebly.com/uploads/1/0/5/5/105518677/cv\\_katerina\\_arguopoulou.pdf](https://uoacounselinglab.weebly.com/uploads/1/0/5/5/105518677/cv_katerina_arguopoulou.pdf)

## Webpages

### Google scholar

[https://scholar.google.com/citations?user=fb\\_j--8AAAAJ&hl=en&oi=ao](https://scholar.google.com/citations?user=fb_j--8AAAAJ&hl=en&oi=ao)